

# Retina Institute of Virginia

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## CARE AFTER YOUR SURGERY:

- Your operated eye will have a patch on after your surgery. Do not remove this yourself. It will be removed by our staff on your appointment the following day.
  - Due to tearing after the surgery, the patch may become slightly blood stained – this is normal.
- If you are given a green wristband indicating you received a gas bubble during your surgery, you must leave it on until you are instructed to take it off.
- After your 1<sup>st</sup> follow up appointment you may clean your eyelids gently with water and a clean cloth. You may shower or bathe, but DO NOT get soapy water in the operated eye.
- After your surgery tearing, eye remaining dilated and minimal bruising/redness is normal. Continue to protect your eye as much as possible using glasses/sunglasses.
- Continue to use all medications as before your surgery. Minimal pain / achiness is normal after surgery for which you may take Tylenol or Ibuprofen (if you are not allergic to these medications).
  - If intense pain or nausea occurs, please contact our office as soon as possible.
- Don't drive the day of surgery or while taking narcotic pain medications.
- Do not drink alcoholic beverages for the next 24 hours or while taking narcotic medications.
- Do not make any important decisions or sign important papers for 24 hours.

## USE NEW EYE MEDICATIONS, AS FOLLOWS, AFTER YOUR FIRST FOLLOW UP VISIT UNTIL THEY ARE FINISHED:

- Steroid drop - One drop in the operated eye four (4) times a day.
- Antibiotic drop - One drop in the operated eye four (4) times a day.
- A combination steroid/antibiotic drop may also be used instead of two separate bottles.
- Use all other eye medications in the operated eye as before your surgery unless otherwise instructed.
- When using eye drops together you should space them apart by 5 minutes.
- Refill of drops is NOT necessary, unless otherwise instructed by your doctor and please bring all medications in with you to each appointment.

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Patient/Representative Signature

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MD/Nurse Signature

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Date

March 2011