

The Balance and Ear Center
Postoperative Instructions
EAR TUBE PLACEMENT

Drainage after ear tube placement is common for the first several days. Occasional sharp pains may also be experienced.

1. No water in your ears until after the 1st postoperative visit.
2. Use a cotton ball soaked in Vaseline during showers/baths.
3. Swimming is allowed in chlorinated water only. *No lakes or rivers.*
4. No diving.
5. Use 3 drops of antibiotics in each ear after swimming to avoid infection.
6. Ear plugs while swimming are not required but may be used.
7. Custom ear plugs can be made at our office if desired.

Should any questions or problems arise, please call our office.

The Balance and Ear Center
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Patient/Representative Signature

MD/Nurse Signature

Date