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Postoperative Cataract Instructions

1. Keep patch and shield in place until your appointment at my office in the morning.
2. Take Tylenol or Motrin (Advil) for any pain; if the pain is not relieved, then call me: 794-9505 or cell/voicemail 651-5999
3. Avoid any heavy lifting or bending for one (1) week.
4. Bring your drops to my office the first day after surgery.
5. Any questions or problems, call 794-9505.

6. Medication instructions:

Zumar 1 drop 4x/day for 2 weeks.

Acular LS 1 drop 4x/day for 1 month.

Pred Forte 1 drop 4x/day for 2 weeks,  
then 3x/day for 1 week,  
then 2x/day for 1 week.

7. Don't drive the day of surgery or while taking narcotic pain medications.
8. Do not drink alcoholic beverages for the next 24 hours or while taking narcotic pain medications.
9. Do not make any important decisions or sign important papers for 24 hours.

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Patient/Representative Signature

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Date

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MD/Nurse's Signature

