

Michael Godin, M.D.

Michael Godin, M.D., PLC

Facial Plastic & Reconstructive Surgery

410 Libbie Avenue

Richmond, Virginia 23226

(804) 285-8578

Fax (804) 285-1870

AFTER SURGERY INSTRUCTIONS

Nasal Surgery

- Clean the incision line and the nostril rim at the base of the nose three (3) times a day with ½ strength peroxide (dilute with water).
- Place a thin coat of ointment over the stitches and within the nostril rim after cleaning.
- Drip pad may be discontinued when no longer needed, 1-3 days.
- You may shower if you cover your cast with a piece of plastic wrap as a shield.
- Nasal saline every 1-2 hours. Antibiotic as directed. Pain medication as needed.

Chin Implant

- Your stitches are covered by a bandage you should remove along with the wide tape on your neck the day after surgery.

Bathing

- Bathing is allowed your first day post-op.

Showering

- Showering is allowed in the second day post-op. Cover nasal splints with a piece of plastic wrap taped between the eyebrows. Try not to saturate the chin/liposuction tape.

- Don't drive the day of surgery or while taking narcotic pain medications.
- Do not drink alcoholic beverages for the next 24 hours or while taking narcotic medications.
- Do not make any important decisions or sign important papers for 24 hours.

Patient/Representative Signature

MD/Nurse Signature

Date