

POSTOPERATIVE INSTRUCTIONS FOR EAR TUBES
DR. CHARLES JOHNSON

1. Your child will usually be able to go home 15-30 minutes postoperatively.
2. Try to avoid feeding anything other than clear liquids to your child until after arriving home as the car ride, plus anesthesia, plus food tends to produce carsickness, unless otherwise advised by your physician.
3. Once at home, your child may eat or drink as desired. It would be best to start with water, coke or ginger ale.
4. Keep your child indoors the day of surgery and observe for 3-4 hours postoperatively, as your child may be somewhat unsteady from anesthesia.
5. Normal activities may be resumed the next day.
6. A small amount of bloody discharge from the ears for the first 48 hours is not unusual.
7. Water should be kept out of the ears. When bathing, showering, or washing hair, take precautions to avoid water, or use earplugs, which you may buy at the drug store. There are cases in which the child may swim with ventilating tubes in place, but the ears must be sealed with earplugs, and your doctor may advise ear drops to be used after swimming.
8. Please make your return appointment in approximately three (3) weeks, or as advised by your doctor.
9. In case of questions or concerns, please call the office at:

A.D. Williams Clinic

1201 E. Marshall, Suite 401

Phone: (804) 628-4368 Fax: (804) 828-8299

Stony Point Surgery Center Medical Office Building

8700 Stony Point Parkway, Suite 220

Phone: (804) 323-0830 Fax: (804) 323-0829

Patient/Representative Signature

MD/Nurse Signature

Date