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Post-Operative Instructions For Cataract Surgery

MEDICATIONS:



XIBROM™ (Gray Top) 1 DROP _____ EYE 2 TIMES A DAY



ZYMAR™ (Tan Top) 1 DROP _____ EYE 4 TIMES A DAY



PREFORTE® (White Top) 1 DROP _____ EYE 4 TIMES A DAY

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1. RESUME NORMAL ACTIVITY.
 2. DO NOT RUB YOUR EYE.
 3. SLEEP WITH EYE SHIELD FOR THE FIRST 5 NIGHTS. (We will provide a shield for you at the time of surgery.)

CLEANING OF THE EYE: Clean the eye only if it needs cleaning. DO NOT USE tap water. Keep tap water OUT of the eye. If you need to dry or clean your eyelids, wipe gently with sterile individually wrapped gauze. To clean or wipe your cheek you may use a clean tissue. Please use the new sealed eye drops in your surgery kit that was given to you the day of surgery. Once these have run out, you may use the drops that were given to you prior to surgery. They are the same medications, just duplicate bottles. **Only use the eye drops prescribed by the doctor.**

- Don't drive the day of surgery or while taking narcotic pain medications.
- Do not drink alcoholic beverages for the next 24 hours or while taking narcotic Medications.
- Do not make any important decisions or sign important papers for 24 hours.

If you have any questions or concerns, contact us at: (804) 288-1543

Patient/Representative

MD/Nurse

date