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POSTOPERATIVE INSTRUCTIONS

- 1) Your doctor will remove your eye patch the day after the operation - do not remove it before that time.
- 2) Use the eye shield in front of your eye when you sleep - during the day wear your glasses.
- 3) Try to sleep on the side opposite your operation.
- 4) Do not lift any heavy objects over 20 pounds.
- 5) Do not press on your eye or rub your eye.
- 6) Use of your eye drops is important. Use them as directed and talk to your doctor if you have any problems.
- 7) Report any changes to your doctor immediately, especially loss of vision, pain, increased discharge or redness.
- 8) You may have a small amount of crusting on your eye in the mornings. You may remove this with a clean washcloth and warm water when necessary.
- 9) You may shower, wash your hair, and bend over unless instructed otherwise by your doctor.
- 10.) Do not take aspirin or ibuprofen (or other NSAIDs) on the day of your surgery. You may use Tylenol if needed for pain.
- 11.) Don't drive the day of surgery or while taking narcotic pain medications.
- 12.) Do not drink alcoholic beverages for the next 24 hours or while taking narcotic pain medications.
- 13.) Do not make any important decisions or sign important papers for 24 hours.

Your appointment will be on \_\_\_\_\_

\_\_\_\_\_  
Patient/Representative Signature

\_\_\_\_\_  
MD/Nurse Signature

\_\_\_\_\_  
Date