

**POST-OPERATIVE INSTRUCTIONS
AFTER CATARACT SURGERY**

**Richmond Eye Associates, P.C.
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(804) 897-1510**

- 1) The patch on your operated eye will remain in place until your examination in the office tomorrow.
- 2) Bring the eye drops you obtained from the pharmacy to the office for use tomorrow.
- 3) There are no restrictions on your sleeping position. You may sleep on the operated side if you desire to do so.
- 4) Refrain from performing strenuous physical activity for the first three weeks following your surgery. Activities that you can perform and maintain your normal facial expression are permitted.
- 5) If you experience eye pain or discomfort, aspirin is to be avoided for the first 24 hours after surgery. Take Tylenol, Advil, Aleve, or Motrin instead, as you prefer.
- 6) You need not be in the bed, but the remainder of today should be spent resting on the couch or in an easy chair.
- 7) Call (804) 897-1510 should you have questions or pain unrelieved by the medications listed above.
- 8) We will see you in the morning at the office.
- 9) As a reminder:
 - Do not drive the day of surgery or while taking narcotic pain medications.
 - Do not drink alcoholic beverages for the next 24 hours or while taking narcotic medications.
 - Do not make any important decisions or sign important papers for 24 hours.

Patient/Representative Signature

MD/Nurse Signature

Date