

***Peter H. Goldmann, M.D.***

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Richmond, VA 23226

(804) 285-1722

Postoperative Cataract Instructions

1. Keep patch and shield in place until your appointment at my office in the morning.
2. Take Tylenol or Motrin (Advil) for any pain; if the pain is not relieved, then call me – 285-1722.
3. Avoid any bending or heavy lifting.
4. Bring any drops to my office the first day after surgery.
5. Don't drive the day of surgery or while taking narcotic pain medications.
6. Do not drink alcoholic beverages for the next 24 hours or while taking narcotic pain medications.
7. Do not make any important decisions or sign important papers for 24 hours.

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Patient/Representative Signature

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MD/Nurse's Signature

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Date